

The evaluation of HIV and AIDS interventions in secondary school in South Afrika: recommendations for systematic programme development

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Propositions

The Evaluation of HIV And AIDS Intervention on Secondary Schools in South Africa: recommendations for systematic programme development

Shamagonam James

1. School-going youth in South Africa face enormous challenges related to their sexual health.
2. The sexual behaviors that place young people in South Africa at risk of HIV/AIDS are influenced by a complexity of factors related to their cognitive and behavioural dispositions as well as their social and environmental experiences. (this dissertation)
3. The responses of South African school-going youth reflect a discrepancy between levels of knowledge and awareness of the prevention of transmission of HIV/AIDS, and sexual practice. (this dissertation)
4. The paucity in HIV/AIDS interventions in sub-Saharan Africa appears to have lessened but there is as high need for more rigorously designed interventions.
5. Strategies like print media for health promotion of South African youth need to be complemented by strategies that include more interactive methods that influence behavior change like modeling and guided practice of the desired behaviors. (this dissertation)
6. HIV/AIDS education in South African schools shows serious gaps in its implementation. (this dissertation)
7. A thorough needs assessment of secondary school management staff is required to support school principals in their efforts to fully implement HIV/AIDS preventions programmes in their schools.
8. Sexuality Education in South Africa needs to demonstrate that it can move away from its history of inequity in service delivery, poor design in programme development, implementation and evaluation and inadequate teacher training by basing future intervention development on evidence and theory.
9. "We must never be content with what has already been achieved. Life never ceases to put new questions to us, never permits us to come to rest---; every day, every hour makes new deeds necessary and new experiences possible."
(Viktor E. Frankl, 1905-1997)